



100% DIL (Heart)

Anuj Anand

*This book is dedicated in loving memory
to my dearest Dad*

Mr. RUDRA NARAIN ANAND

*Whose love and support
encouraged me and sustained me.*

*And the book being released on his birthday
14th July*

*Lord Shani, Ganesh, Shiva, Vishnu,
Saibaba, Maa Durga and other 100's Gods
Bless his Soul.*

100% DIL (Heart)

The journey into life of others is via the HEART, but I still wonder how many people have understood this simple rule of life.

There is no bigger teacher for me, than life.

Being a fervent observer of happening, behaviour of people in different circumstance/ situations, facilitates me to look at different aspect of life from the view point of different people and help me understand their mind sets, their thought process and the emotional element dominance within their respective life.

One of the indispensable principles of my life is that, I have been a firm believer of that

Intelligence, Knowledge, Logic, Common Sense and Wisdom are five elements that one should have to succeed in Life.

God has given every human being a Mind and Heart (DIL – in Hindi Language) and further to this , God has given the capacity to every individual to think from the mind and follow the heart, because the mind can only go wrong , when the information provided doesn't hold good.

Invariably the person can go wrong, if he doesn't use both of them in an appropriate manner.

Well what is the appropriate manner of % of the use of the mind to heart, is still unknown

I have defined in a simple terms

100% DIL:- People who follow their heart

*100% Mind – People who use their mind in each and logic in each and
Everything (whether its work, people, relations – just
Everywhere.)*

Globally the combination of both the Mind and the heart can lead to an infinite number of permutation and combinations. Within which all the individuals exist across the whole world, or can be found.

Well again ,it is Billion dollar question , what is right % of DIL + % of mind or the right mix of DIL and Mind , that is required to be highly successful in one's life.

The author is of an opinion that it is around 90% of mind and may be 10% of heart that could lead to a better life and has consistently followed this rule over the period of time. Well would like to add the fact that God and Life has been really generous to me to basically enlighten my thinking & broaden the horizons of my thoughts.

100% Dil is about them, who think from the heart (I repeat Think from Heart), in a normal scenario it is think from the mind and follow the heart.

BUT Here the condition is THINK FROM HEART AND JUST DO IT

Having travelled across the world, I did find that many people or may state something like

70% of people, who habitually follow this rule, through their lifetime.

At times, it makes me wonder, how these people have survived through lifetime, without much trouble.

The individual falling into the category of 100% Dil are really simple, actually it would be more accurate to say very, very simple.

They live life with very small dreams, - good house, good family, good health and good education for their kids. It is not they don't aspire for wealth, but the journey to attain wealth is a long hard journey on the path of fire, which they find is an uphill task, which would disrupt their existing life, hence they pull off after some period time.

They start enjoying their life, with much bothering about what happening around them to others and live on their won simple terms.

This is one quality within them, that I appreciate the most and have learnt the art of simplicity from these 50% people because they are people with pure heart, they just simple at hearing about other success and show concern at other problems.

If they can help you, they will surely do their best to help others, but if they cannot, they will never suggest any opinion.

At times, they might appear to be fools, but take my word; they are God sent honest people.

It is because of these people, that the level of honesty, love and mankind still remain in this world, which will filled with deceit, hate and dishonesty

God bless u and Remain blessed

ANUJ ANAND



The Author could be reached on a_anuj@hotmail.com

Website of the Author <http://anujanand.yolasite.com/>